Digestive and Liver Disease xxx (xxxx) xxx



Contents lists available at ScienceDirect

# Digestive and Liver Disease

journal homepage: www.elsevier.com/locate/dld



# Oncology

Chemoradiotherapy versus radiotherapy alone in the management of early-stage anal squamous cell carcinoma: A comparative analysis of the French cohort FFCD-ANABASE

Chloé Buchalet<sup>a,\*</sup>, Claire Lemanski<sup>a</sup>, Pascal Pommier<sup>b</sup>, Karine Le Malicot<sup>c</sup>, Nathalie Bonichon-Lamichhane<sup>d</sup>, Ludovic Evesque<sup>e</sup>, Olivia Diaz<sup>f</sup>, Philippe Ronchin<sup>g</sup>, Laurent Quero<sup>h</sup>, Eleonor Rivin Del Campo<sup>i</sup>, David Tougeron<sup>j</sup>, Sandrine Salas<sup>k</sup>, Leila Bengrine-Lefevre<sup>l</sup>, Côme Lepage<sup>m</sup>, Véronique Vendrely<sup>n</sup>

- <sup>a</sup> Department of Radiation Oncology, Montpellier Cancer Institute, Montpellier, France
- <sup>b</sup> Department of Radiation Oncology, Institut Curie, Paris, France
- <sup>c</sup> Fédération Francophone de Cancérologie Digestive, University of Burgundy, Dijon, France
- <sup>d</sup> Radiotherapy, Tivoli Clinic, Bordeaux, France
- e Department of Radiation Oncology, Antoine Lacassagne Cancer Center, Nice, France
- f Radiotherapy, Mutualite Clinical Institute, Grenoble, France
- <sup>g</sup> Radiotherapy, Centre Azuréen de Cancérologie Mougins, Mougins, France
- <sup>h</sup> Radiotherapy, Saint-Louis hospital, AP-HP, Paris, France
- <sup>1</sup> Department of Radiation Oncology, Tenon University hospital, AP-HP, Sorbonne University, Paris, France
- <sup>1</sup>Hepatology and Gastroenterology department, Poitiers university hospital, Poitiers, France
- k Radiotherapy, Oncodoc Clinic, Béziers, France
- <sup>1</sup>Oncology, Georges-François Leclerc Cancer Center, Dijon, France
- <sup>m</sup> INSERM Fédération Francophone de Cancérologie Digestive FFCD, University hospital of Dijon, Dijon, France
- <sup>n</sup> Department of Radiation Oncology, CHU Bordeaux, University of Bordeaux, France

### ARTICLE INFO

Article history: Received 29 February 2024 Accepted 20 June 2024 Available online xxx

Keywords: Anal cancer Early stage Chemoradiotherapy Toxicity

### ABSTRACT

Introduction: Early-stage anal squamous cell carcinomas (ASCC) are usually treated with chemoradiotherapy (CRT), with good outcomes. Radiotherapy (RT) alone might be sufficient while reducing toxicity. *Methods*: Patients included in the French prospective FFCD-ANABASE and treated for T1–2N0 ASCC between 2015/01 and 2020/04 were divided into CRT and RT groups. Clinical outcomes and toxicity were reported. Propensity score matching was conducted for 105 pairs of patients.

Results: 440 patients were analyzed: 261 (59.3 %) in the CRT group and 179 (40.7 %) in the RT group. The median follow-up was 35.7 months. Patients receiving CRT were younger, had better Performance Status (PS) and larger tumors. No statistical difference was observed for 3-year Disease-free survival (85.3 % vs 83 %, p=0.28), Overall survival (89.6 % vs 94.8 %, p=0.69) and Colostomy-free survival (84.5 % vs 87.2 %, p=0.84) between CRT and RT groups, respectively. Propensity score-matched analysis confirmed these findings. Treatment interruptions were significantly more frequent in the CRT group (36.3 % vs 21.9 %, p=0.0013), resulting in an Overall Treatment Time (OTT) extended by 7 days. Grade 3 CTCAE v4.0 toxicities were more prevalent in the CRT group (46 % vs 19 %, p<0.001).

Conclusion: Adding chemotherapy to radiotherapy did not significantly improve outcomes for T1-2N0 ASCC in our study, but increased toxicity and OTT.

© 2024 Editrice Gastroenterologica Italiana S.r.l. Published by Elsevier Ltd. All rights are reserved, including those for text and data mining, AI training, and similar technologies.

# 1. Introduction

ASCC accounts for 2.5 % of gastrointestinal malignant tumors [1] and has seen a rising incidence in recent years [2].

Several trials have established concurrent chemoradiotherapy (CRT) with 5-Fluorouracil (5FU) and Mitomycin (MMC) as the gold standard of treatment compared to radiation alone (RT) [3-5].

### https://doi.org/10.1016/j.dld.2024.06.022

1590-8658/© 2024 Editrice Gastroenterologica Italiana S.r.l. Published by Elsevier Ltd. All rights are reserved, including those for text and data mining, Al training, and similar technologies.

Please cite this article as: C. Buchalet, C. Lemanski, P. Pommier et al., Chemoradiotherapy versus radiotherapy alone in the management of early-stage anal squamous cell carcinoma: A comparative analysis of the French cohort FFCD-ANABASE, Digestive and Liver Disease, https://doi.org/10.1016/j.dld.2024.06.022

<sup>\*</sup> Corresponding author at: Department of radiation oncology, Institut du Cancer de Montpellier, 282 boulevard des Apothicaires, 34090 Montpellier, France.

E-mail addresses: chloe.buchalet@icm.unicancer.fr, chloebuchalet@gmail.com (C. Buchalet).

C. Buchalet, C. Lemanski, P. Pommier et al.

Additionally, survival rate analyses were performed among patients with tumors smaller than 3 cm and 4 cm.

Digestive and Liver Disease xxx (xxxx) xxx

However, these studies mainly included advanced stages: T1-2N0 tumors were excluded in the UKCCCR [3] and RTOG 98-11 trials [4], and the EORTCG trial did not include T1N0 tumors [5]. In studies that did include early-stage tumors, outcomes were favorable compared to more advanced tumors, with a 3-year Disease Free Survival (DFS) around 80 % [6]. Our prior analysis of the entire FFCD-ANABASE cohort revealed a significant difference in 3year DFS between early-stage (T1-2N0) and locally advanced tumors (T3-4 or N+): 84.3 % 95 %CI [80.6;88.2] vs 64.6 % 95 %CI [60.0;69.0], respectively (p < 0.001) [7]. This suggests early-stage tumors might be overtreated with CRT. Indeed, CRT is usually associated with increased toxicity (compared to RT alone), especially in the acute phase, as shown by the UKCCCR trial (48 % vs 38.6 %, p = 0.03) [3]. The additional toxicity from chemotherapy can possibly result in treatment interruption in 40 to 60 % of patient [8], thus allowing tumor repopulation, which could increase the risk of relapse [9].

Therefore, the use of concomitant chemotherapy remains a matter of debate for T1–2N0 tumors. The 2024 international NCCN guidelines v1.24 recommend treating all non-metastatic anal carcinoma with CRT [10]. French guidelines list exclusive RT as a treatment option for tumors less than 3 cm N0 [11].

The objective of this study was to assess the clinical outcomes and toxicity of CRT compared to RT for patients with T1–2N0 ASCC included in the FFCD-ANABASE cohort.

#### 2. Materials and methods

#### 2.1. Study design

ANABASE is a French prospective observational cohort conducted by the Fédération Francophone de Cancérologie Digestive (FFCD), including patients treated for ASCC across 60 centers [7]. Our study specifically focused on the subgroup with T1–2N0 ASCC. The primary endpoint was 3-year disease-free survival (DFS). Secondary endpoints were overall survival (OS), colostomy-free survival (CFS), and toxicity.

### 2.2. Population and parameters collected

Among patients included in the FFCD-ANABASE cohort, all patients with T1–2N0 ASCC were analyzed in this study. Patients and tumors characteristics, treatment details, outcomes, and Grade 3 toxicity or higher according to the National Cancer Institute – Common Terminology Criteria for Adverse Events (NCI-CTCAE) version 4.0 were collected.

# 2.3. Statistical analyses

Baseline characteristic comparisons between the CRT and RT group were conducted. The Wilcoxon rank sum test was utilized to compare quantitative variables. The Chi-Square test or Fisher's exact test were assessed to compare qualitative variables.

DFS was defined as the time between treatment initiation and the date of first relapse (local, regional or metastatic) or death (any cause). OS was the time between treatment initiation and death due to any cause. CFS was the time between treatment initiation and first colostomy or death (due to any cause). Patients without any event were censored from the date of the last follow-up. Survival endpoints were analyzed using the Kaplan-Meier method to present rates and event time distributions with a 95 % confidence interval (95 % CI) for each group. The two groups were compared using Logrank tests, and Cox models were used for univariate and multivariate analyses. SAS software 9.4 (SAS Institute, Cary, NC) was used.

### 2.4. Propensity score

We employed the propensity score method to limit bias stemming from potential unbalanced confounders between the groups. The score was generated from an unconditional multivariate logistic regression, estimating the probability of receiving concomitant chemotherapy based on patient and tumor characteristics. The model's performance and fit were evaluated using the area under the curve (AUC) and the Hosmer-Lemeshow test, respectively. We first matched a patient in the CRT group with a patient in the RT group based on the propensity score with a standard of 0.1. Subsequently, we applied in a univariate Cox model the inverse probability of treatment weighting (IPTW) method using the propensity score. The propensity score, derived from a multivariate logistic regression analysis, was performed to estimate the probability of receiving concomitant chemotherapy based on age <65 years, PS status and tumor size. The AUC for the multivariate logistic model was 0.75, and the p-value of the Hosmer-Lemeshow test was 0.5, showing good performance and fit of the model. The matching algorithm resulted in 105 matched pairs.

#### 3. Results

### 3.1. Patient and tumor characteristics

Among 1015 patients treated for ASCC from 01/2015 to 04/2020 in the FFCD-ANABASE cohort, 440 patients had T1-2N0 ASCC. Patients were divided into two groups according to treatment: 261 patients in the CRT group and 179 in the RT group. Co-infection by Human Papillomavirus, tested in 272 available biopsies, was positive in 95 % of cases. Baseline staging was determined using CT scan for 237 patients (53.9 %), MRI for 305 patients (69.3 %), endoscopic ultrasound for 145 patients (33 %), and PET-CT for 305 patients (69.3 %). Patients in the CRT group were found to be younger (p = 0.01), had a better performance status (PS) (p = 0.01), and a larger median tumor size (p < 0.001). Among 318 patients with T2 tumors, 235 (73.9 %) received CRT and 83 (26.1 %) RT alone (p < 0.001). Among 226 patients with a tumor size of 3 cm or less, 100 patients were treated with CRT and 126 patients with RT (p < 0.0001). Among 340 patients with a tumor size of 4 cm or less, 187 patients were treated with CRT and 153 patients with RT (p = 0.01) (Table 1).

#### 3.2. Radiotherapy

Details about radiotherapy are available in Table 2. There was no significant difference in the techniques used between both groups (p = 0.616). The median dose delivered to the primary tumor was significantly higher in the CRT group (p < 0.001). Irradiation of inguinal nodes was more frequent in the CRT group, with significant difference (p = 0.0004). Median overall treatment time (OTT) was 50 days in the CRT group and 43 days in the RT group. Treatment interruptions exceeding 3 days were significantly more frequent in the CRT group (n = 94; 36.3 %) compared to the RT group (n = 39; 21.9 %) (p = 0.0013). Treatment breaks were planned for 71 patients : 47 (66.2 %) in the CRT group and 24 (33.8 %) in the RT group, without significant difference (p = 0.2474).

# 3.3. Chemotherapy

Chemotherapy was based on 5FU-Mitomycin C for 63 % of patients and Capecitabin-Mitomycin C for 27 %; Capecitabin alone for

**Table 1**Patient and tumor characteristics in CRT and RT groups.

|                                     |              | CRT group N (%) | RT group N(%) | All N (%)   | p value |
|-------------------------------------|--------------|-----------------|---------------|-------------|---------|
| Number of patients (N)              |              | 261             | 179           | 440         |         |
| Sex                                 | Male         | 59 (22.6)       | 41 (22.9)     | 100 (22.7)  | 0.9413  |
|                                     | Female       | 202 (77.4)      | 138 (77.1)    | 340 (77.3)  |         |
| Age (years)                         | Median       | 64              | 66            | 65          | 0.0079  |
|                                     | Q1-Q3        | 57-70           | 57-76         | 57-73       |         |
|                                     | Min - Max    | 35-92           | 41-94         | 35-94       |         |
| PS status                           | n            | 251             | 177           | 428         | 0.0125  |
|                                     | 0            | 197 (78.5)      | 130 (73.4)    | 327 (76.4)  |         |
|                                     | 1            | 53 (21.1)       | 39 (22.0)     | 92 (21.5)   |         |
|                                     | 2            | 1 (0.4)         | 8 (4.5)       | 9 (2.1)     |         |
|                                     | 3            | 0 (0.0)         | 0 (0.0)       | 0 (0.0)     |         |
| Human Immunodeficiency virus status | n            | 259             | 176           | 435         | 0.4121  |
|                                     | Positive     | 20 (7.7)        | 15 (8.5)      | 35 (8.0)    |         |
|                                     | Negative     | 97 (37.5)       | 55 (31.3)     | 152 (34.9)  |         |
|                                     | Unknown      | 142 (54.8)      | 106 (60.2)    | 248 (57.0)  |         |
| Smoking status                      | n            | 228             | 163           | 391         | 0.2296  |
| •                                   | Yes          | 126 (55.3)      | 100 (61.3)    | 226 (57.8)  |         |
|                                     | No           | 102 (44.7)      | 63 (38.7)     | 165 (42.2)  |         |
| Tumor location                      | n            | 255             | 175           | 430         | 0.3469  |
|                                     | Anal margin  | 33 (12.9)       | 29 (16.6)     | 62 (14.4)   |         |
|                                     | Anal canal   | 203 (79.6)      | 139 (79.4)    | 342 (79.5)  |         |
|                                     | Lower rectum | 18 (7.1)        | 7 (4.0)       | 25 (5.8)    |         |
|                                     | Other        | 1 (0.4)         | 0 (0.0)       | 1 (0.2)     |         |
| Tumor Initial staging               | T1N0M0       | 26 (10.0)       | 96 (53.6)     | 122 (27.7)  | < 0.001 |
| 0 0                                 | T2N0M0       | 235 (90.0)      | 83 (46.4)     | 318 (72.3)  |         |
| Tumor size (cm)                     | n            | 253             | 176           | 429         | < 0.001 |
|                                     | Mean (SD)    | 3.09 (0.94)     | 2.31 (1.09)   | 2.77 (1.07) |         |
|                                     | Median       | 3.00            | 2.00          | 2.70        |         |
|                                     | 01-03        | 2.50 - 4.00     | 1.50-3.00     | 2.00-3.50   |         |
|                                     | Min-Max      | 0.70-5.00       | 0.20-5.00     | 0.20-5.00   |         |
|                                     |              |                 | 1.21 1.00     | 2.22 0100   |         |

**Table 2**Radiotherapy characteristics for the chemoradiotherapy (CRT) and radiotherapy (RT) group (IMRT: intensity-modulated radiation therapy; Gy: Gray).

|                                |                 | CRT group N(%) | RT group N(%) | All         | p value |
|--------------------------------|-----------------|----------------|---------------|-------------|---------|
| Number of patients (N)         |                 | 261            | 179           | 440         |         |
| Radiation technique            | n               | 257            | 176           | 433         | 0.6160  |
|                                | 3D              | 49 (19.1)      | 34 (19.3)     | 83 (19.2)   |         |
|                                | Static IMRT     | 47 (18.3)      | 24 (13.6)     | 71 (16.4)   |         |
|                                | Rotational IMRT | 132 (51.4)     | 95 (54.0)     | 227 (52.4)  |         |
|                                | Tomotherapy     | 29 (11.3)      | 23 (13.1)     | 52 (12.0)   |         |
| Dose to the primary tumor (Gy) | n               | 258            | 179           | 437         | < 0.001 |
|                                | Median          | 60.00          | 56.00         | 59.40       |         |
|                                | Q1; Q3          | 50.40-64.80    | 45.00-61.00   | 45.00-63.00 |         |
| Pelvic prophylactic dose (Gy)  | n               | 156            | 108           | 264         | 0.001   |
|                                | Median          | 45.00          | 45.00         | 45.00       |         |
|                                | Q1; Q3          | 45 - 46        | 45 - 45       | 45 - 45     |         |
| Irradiation of inguinal nodes  | n               | 249            | 174           | 423         | 0.0004  |
|                                | No              | 55 (22.1)      | 66 (37.9)     | 121 (28.6)  |         |
|                                | Yes             | 194 (77.9)     | 108 (62.1)    | 302 (71.4)  |         |
| Treatment interruption         | n               | 259 `          | 178           | 437         | 0.0013  |
|                                | No              | 165 (63.7)     | 139 (78.1)    | 304 (69.6)  |         |
|                                | Yes             | 94 (36.3)      | 39 (21.9)     | 133 (30.4)  |         |
| Brachytherapy boost            | n               | 256            | 178           | 434         | < 0.001 |
|                                | No              | 213 (83.2)     | 115 (64.6)    | 328 (75.6)  |         |
|                                | Yes             | 43 (16.8)      | 63 (35.4)     | 4.4)        |         |

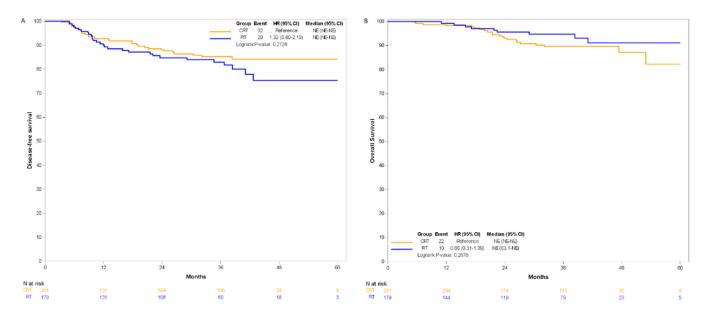
5.8 % and 5FU-Cisplatin for 0.8 %. 3.4 % of patients in the CRT group received another chemotherapy protocol.

# 3.4. Disease-free survival

Median follow-up was 35.7 months (95 %CI [34.7;36.4]). 3-year DFS was 83.0 % in the RT group and 85.3 % in the CRT group (HR = 1.32 95 %CI [0.8;2.19]), without significant difference (p = 0.28) (Fig. 1). In the univariate analysis, poorer DFS was associated with male gender (HR = 2.42 95 %CI [1.45;4.03], p = 0.001), PS $\geq$  1 (HR = 2.7 95 %CI [1.61;4.55], p < 0.001) and tumor size  $\geq$  3 cm (HR = 2.04 95 %CI [1.20 ;3.45], p = 0.008). No association

was found due to initial TNM staging (HR = 1.10 95 %CI [0.64;1.91], p = 0.726), HIV infection (HR = 1.59 95 %CI [0.71;3.58], p = 0.259) or treatment interruption during radiotherapy (HR = 1.34 95 %CI [0.8;2.25], p = 0.267). Multivariate analysis confirmed poorer DFS was associated with male gender (HR = 2.21 95 %CI [1.31;4.3,73], p = 0.003); PS  $\geq$  1 (HR = 2,44 95 %CI [1,42; 4,00], p = 001) and tumor size  $\geq$  3 cm (HR = 2,04 95 %CI [1,19;3,45], p = 0.009). No significant difference in DFS was observed for patients with tumor size < 3 cm (HR = 1.91 95 %CI [0.78;4.64], p = 0.1472) between RT and CRT groups. For patients with tumor size < 4 cm, DFS was statistically different between both groups (HR = 2.03 95 %CI [1.07;3.88]; p = 0.031). (Supplementary Figure 1).

Digestive and Liver Disease xxx (xxxx) xxx



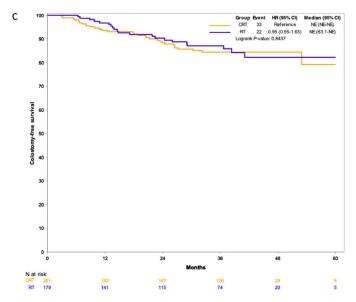


Fig. 1. (A) Disease free survival (DFS), (B) Overall survival (OS) and (C) Colostomy-free survival (CFS) rates for treated for T1–2N0M0 ASCC with CRT or RT alone. CI: confidence interval; CRT: chemoradiotherapy group; HR: Hazard ratio; N: number; NE: number of events; RT: radiotherapy group.

### 3.5. Overall survival

3-year OS was 94.8 % in the RT group and 89.6 % in the CRT group (HR 0.66 95 %CI [0.31;1.39]), without any significant difference (p = 0.27). (Fig. 1). Among the 32 deceased patients, 22 were treated with CRT and 10 with RT alone. The most common cause of death was cancer progression: 13 patients (59.1 %) in the CRT group and 6 patients in the RT group (60 %). One death in the CRT group was related to treatment toxicity and other cause: the patient died from infection and post-operative embolism. Multivariate analysis showed poorer OS for male gender (HR = 2.40 95 %CI [1.18;4.9], p = 0.016), PS  $\geq$  1 (HR = 2.94 95 %CI [1.45;5.88], p = 0.006) and tumor size  $\geq$  3 cm (HR = 3.85

95 %CI [1.63;9.09], p=0.002). No significant difference in OS was observed for patients with tumor size <3 cm (HR = 0.78 95 %CI [0.2;3.13], p=0.728) or <4 cm (HR = 1.06 95 %CI [0.38;2.92], p=0.914) between CRT and RT groups (Supplementary Figure 1).

# 3.6. Colostomy-free survival

3-year colostomy-free survival (CFS) was 87.2 % in the RT group and 84.5 % in the CRT group (HR 0.95 95 %CI [0.55;1.63]), without any significant difference (p = 0.84). Multivariate analysis shown a poorer CFS associated with male gender (HR = 2.19 95 %CI [1.26;3.78], p = 0.005), PS  $\geq$  1 (HR = 2.17 95 %CI [1.25;3.708], p = 0.006) and tumor size  $\geq$  3 cm (HR = 2.08

**Table 3**Combined toxicity (from radiotherapy and chemotherapy) grade 3 or more according CTCAE v4.0 for CRT and RT group (CRT = chemoradiotherapy; RT = radiotherapy).

|  | CRT group N(%) | RT group N(%) | p value |
|--|----------------|---------------|---------|
| Number of patients (N)                           | 261            | 179           |         |
| At least one toxicity grade 3 or more CTCAE v4.0 | 120 (46.0)     | 34 (19.0)     | < 0.001 |
| Dermatitis                                       | 86 (33.0)      | 27 (15.1)     | < 0.001 |
| Gastro-intestinal                                | 38 (14.6)      | 9 (5.0)       | 0.0015  |
| Urinary disorders                                | 5 (1.9)        | 1 (0.6)       | 0.23    |

95 %CI [1.19;3.70], p = 0.01). No significant difference was observed in CFS for patients with tumor size <3 cm (HR = 1.48 95 %CI [0.59;3.72], p = 0.4) or <4 cm (HR = 1.44 95 %CI [0.74;2,79], p = 0.286) between RT and CRT groups (Supplementary Figure 1).

# 3.7. Pattern of relapse

Twenty-three patients relapsed (9.1 %) in the CRT group, including 13 (56.5 %) local relapses. In the RT group, 25 patients (13.9 %) relapsed: the majority of which were local (40 %, N = 10) or regional (40 %, N = 10). Distribution of local, regional or metastatic relapses was statistically different between both groups (p = 0.0419). Relapse data are available in Supplementary Table 1.

### 3.8. Propensity score

Among the 105 matched patients, no statistical difference was found in terms of age, PS status; initial tumor staging and tumor size. Data are available in Supplementary Table 2.

No statistical difference was found in DFS (HR = 1.44 95 %CI [0.69;2.99], p = 0.329), OS (HR = 0.70 95 %CI [0.26;1.89], p = 0.484) and CFS (HR = 1.05 95 %CI [0.48;2.26], p = 0.908) (Fig. 2). Results of multivariate Cox models for both matchweighted and IPTW analyses show non-statistically significant differences in survival for patients treated with CRT vs. RT.

# 3.9. Toxicity

During radiotherapy, Grade 3 or more toxicity was more prevalent in the CRT group compared to the RT group:  $46.0\,\%$  vs  $19.0\,\%$ , respectively (p < 0.001). Within the CRT group, hematologic toxicity G3+ appeared in 20 patients (7.7 %). Thrombocytopenia was the most frequent disorder (4.2 %; n = 11) followed by leukopenia (2.3 %; n = 6) and anemia (1.5 %; n = 1). In the CRT group, one patient died due to sepsis and post-operative embolism, another presented a stroke during treatment, and a third presented cytolytic hepatitis attributed to Capecitabin. Data about treatment toxicity can be found in Table 3.

# 4. Discussion

We confirm good prognostic outcomes for T1–2NO ASCC, with a 3-year DFS higher than 80 % and 3-year OS above 90 % in both groups. These results are in line with the literature [12,13]. In contrast to the U.S database where 7.5 % of patients were treated by RT alone [14], the proportion of patients between CRT and RT groups was well balanced in our cohort. RT alone appears to be more prevalent treatment option in Europe or France.

We focused on recently treated patients, limiting heterogeneity linked to treatment evolution. Chemotherapy mainly consisted of 5-FU or Capecitabin and Mitomycin, consistent with current practices since the gold standard of Mitomycin was established [4]. Less than 20 % of the population underwent 3D radiotherapy, consistent with European guidelines [15] recommending IMRT.

Contrary to data from U.S databases, the median dose delivered to the primary tumor was more important in the CRT group [16]. Median dose to the primary tumor was about 60 Gy with a pelvic prophylactic median dose of 45 Gy, consistent with French guidelines suggesting tumor dose must be about 45-54 Gy for T1 and 54-65 Gy T2, respectively; and 45 Gy for pelvic prophylactic irradiation [17]. This is higher than NCCN guidelines which recommend delivery of 50.4 Gy to the tumor [10] in accordance with to RTOG 05-29 trial [18]. Surprinsingly, local relapses were more frequent in the CRT group. This raises the question of radioresistance, supported by a Danish study suggesting relapses occur within high-dose volumes [19]. In our study, 70 % of the population underwent inguinal irradiation, more frequently so in the CRT group. This could at least in part explain several relapses in the RT group, considering a retrospective study showed a risk of inguindal recurrence of 12 % for inguinal recurrence in T1-2 tumors without inguinal prophylactic irradiation [20]. With the idea of customizing treatment according to tumor stage, the UK PLATO platform (Personalising rAdioTherapy dOse for anal cancer) and ACT4 trial will study efficacy and toxicity of delivering only 41.4 Gy compared to 50.4 Gy in association with chemotherapy for T1-2N0 tumors (less than 4 cm) [21]. The U.S DECREASE phase III will study if lower dose radiotherapy in T1-2N0 (less than 4 cm) tumors can maintain a 2-year disease control of 85 % or higher while improving anorectal health-related quality of life; with results expected in 2025 [22]. Our analysis found a statistical difference in DFS for patients with tumor size < 4 cm; whereas DFS was not statistically different for tumor size < 3 cm. This result could suggest therapeutic de-escalation and the omission of chemotherapy should be considered above all for tumors <3 cm.

Propensity score matching addressed differences in patient characteristics between both groups. It has already been used in U.S. databases with discordant results: the MEDICARE database, with 299 patients (200 by CRT and 99 by RT), didn't present significant difference in OS or DFS [23]. Using the American National Cancer Database (NCDB), Miller et al. reported a 4-year OS improved from 75.7 % to 84 % (p=0.023) for 287 pairs of patients treated by RT or CRT respectively, for stage I ASCC [24].

The benefit of concurrent chemotherapy remains controversial in the literature. Also using the FFCD-ANABASE cohort, Bacci et al. reported on 99 cases of T1NO ASCC, including 17 (17.2 %) receiving CT either after local excision (n = 4, 4.9 %) or with RT (n = 13, 15.9 %): no difference in Recurrence-free Survival was observed (HR 2.31; 95 % CI 0.70-7.70; p = 0.17) [25]. A French study on 69 patients with T1N0 tumors < 1 cm showed a 5-year OS of 100 %; with 62 patients (89.9 %) treated with RT [26]. This suggests RT alone is enough for tumors < 1 cm. A French multicenter retrospective study involving 167 patients treated for T1-2 ASCC between 1975 and 2001 reported that CRT improved OS and 5-year PFS in multivariate analysis [27]. In our study, tumor size > 3 cm was also statistically associated with poorer DFS and OS. In 2011, a Swiss retrospective study of 146 patients with T1-T2N0 tumors found that loco-regional control (LRC) and cancer-specific survival (CSS) seemed to improve for patients receiving CRT, despite a non-

Digestive and Liver Disease xxx (xxxx) xxx

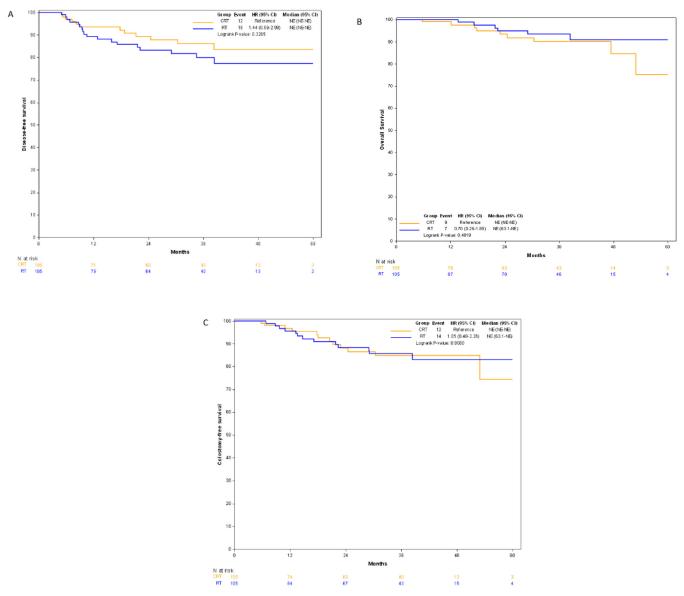


Fig. 2. (A) Disease-free survival, (B) Overall survival (OS) and (C) Colostomy-free survival (CFS) rates for 105 matched patients in each CRT and RT group.

significant difference: the 5-year LRC rate was 75.5 %  $\pm$  6.0 % in the CRT group vs 86.8 %  $\pm$  4.1 % in the RT group (p = 0.155); and 5-year CSS rate was 88.5 %  $\pm$  4.5 % in the CRT group vs. 94.9 %  $\pm$  2.9 % in the RT group (p = 0.161) [28]. In a European study involving 122 patients with T1-2N0 ASCC, CRT (used in 70 patients) improved local control, without significantly increasing G3+ acute and late toxicity [29]. Huffman et al. published data from the NCDB on 2959 patients treated for cT1N0M0 ASCC: CRT improved OS (65 % in the RT group vs 86 % in th CRT group, respectively) [30]. Less than 10 % of patients were treated with RT alone; they were older and had a poorer PS status. This may partially explain the difference in OS, suggesting that RT alone might be reserved for vulnerable patients with poor life expectancy, unable to receive chemotherapy. Data also from the NCDB about 4564 patients treated for T1-2N0MO ACSS showed an improved 5-year OS for the CRT group (86.6 %) compared to the RT group (79.1 %) (p = 0.001). In subgroup analyses, this was significant only for T2N0 tumors (84.7 % vs 72.8 %, p < 0.0001) [16].

We reported a median prolongation of OTT of 7 days in the CRT group, which could in part be related with treatment toxicity. Sev-

eral studies reported an increased risk of relapse with prolonged OTT [31,32], inducing tumoral repopulation. Extended OTT could potentially mask the benefits of chemotherapy.

We must keep in mind the significant difference in tumor size and stage between both groups in our study. The CRT group consists mostly of T2 tumors (90.0 %), whereas the RT group is more balanced (83 patients with T2 tumors, 46.4 %).

Limitations of our study include its rather small population size compared to other studies using databases, even though we included patients from 60 centers, which may result in a lack of statistical power. Among the 440 patients, 63 did not undergo PET-CT or CT for baseline staging. Some patients might have had unknown nodal invasion at diagnosis, which would have benefited more from CRT. One-hundred and thirty-five patients (30.7 %) didn't undergo MRI, which could have led to inaccurate tumor staging. Despite all, this national study provides a clearer vision of management of early-stage ASCC in terms of both chemotherapy and radiotherapy; to choose the treatment with the best risk-benefit ratio for this population with high-rates survival for which late toxicities remain a major issue after cancer cure.

JID: YDLD [m5G;July 12, 2024;10:4]

C. Buchalet, C. Lemanski, P. Pommier et al.

Digestive and Liver Disease xxx (xxxx) xxx

#### 5. Conclusion

Treatment with radiotherapy alone or concomitant chemoradiotherapy both resulted in high rates survival for early-stage node negative anal cancers, without a significant difference in our study. The addition of chemotherapy increased overall treatment time, which is known to be a major determinant for disease local control. Toxicity was higher with concomitant chemoradiotherapy. Further studies on treatment personalization and de-escalation, including considerations of dose and volumes will provide additional insights into optimal treatment strategies forT1–2N0 anal cancers.

#### **Conflict of interest**

The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

#### Source of funding

Fédération Francophone de Cancérologie Digestive.

#### Acknowledgements

The authors acknowledge all sub-investigators and the clinical staff at each institution for their active participation and valuable contribution to the successful execution of this study. The authors thank Vincent Côté-Provencher for his careful proofreading.

### Supplementary materials

Supplementary material associated with this article can be found, in the online version, at doi:10.1016/j.dld.2024.06.022.

#### References

- [1] Siegel R, Naishadham D, Jemal A. Cancer statistics, 2013. CA Cancer J Clin Jan 2013;63(1):11–30.
- [2] Islami F, Ferlay J, Lortet-Tieulent J, Bray F, Jemal A. International trends in anal cancer incidence rates. Int J Epidemiol 2017 Jun 1;46(3):924–38.
- [3] Arnott S, et al. Epidermoid anal cancer: results from the UKCCCR randomised trial of radiotherapy alone versus radiotherapy, 5-fluorouracil, and mitomycin. Lancet North Am Ed 1996 Oct 19;348(9034):1049–54.
- [4] Gunderson LL, Winter KA, Ajani JÁ, Pedersen JE, Moughan J, Benson AB, et al. Long-term update of US GI intergroup RTOG 98-11 phase III trial for anal carcinoma: survival, relapse, and colostomy failure with concurrent chemoradiation involving fluorouracil/mitomycin versus fluorouracil/cisplatin. J Clin Oncol Off J Am Soc Clin Oncol 2012 Dec 10;30(35):4344-51.
- [5] Bartelink H, Roelofsen F, Eschwege F, Rougier P, Bosset JF, Gonzalez DG, et al. Concomitant radiotherapy and chemotherapy is superior to radiotherapy alone in the treatment of locally advanced anal cancer: results of a phase III randomized trial of the European Organization for Research and Treatment of Cancer Radiotherapy and Gastrointestinal Cooperative Groups. J Clin Oncol Off J Am Soc Clin Oncol May 1997;15(5):2040–9.
- [6] Martin D, Schreckenbach T, Ziegler P, Filmann N, Kalinauskaite G, Tinhofer I, et al. Evaluation of prognostic factors after primary chemoradiotherapy of anal cancer: a multicenter study of the German cancer consortium-radiation on-cology group (DKTK-ROG). Radiother Oncol J Eur Soc Ther Radiol Oncol Feb 2022:167:233–8.
- [7] Vendrely V, Lemanski C, Pommier P, LE Malicot K, Saint A, Rivin Del Campo E, et al. Treatment, outcome, and prognostic factors in non-metastatic anal cancer: the French nationwide cohort study FFCD-ANABASE. Radiother Oncol J Eur Soc Ther Radiol Oncol Feb 21 2023;183:109542.
- [8] Osborne MC, Maykel J, Johnson EK, Steele SR. Anal squamous cell carcinoma: an evolution in disease and management. World J Gastroenterol WJG 2014 Sep 28;20(36):13052–9.
- [9] Graf R, Wust P, Hildebrandt B, Gögler H, Ullrich R, Herrmann R, et al. Impact of overall treatment time on local control of anal cancer treated with radiochemotherapy. Oncology 2003;65(1):14–22.
- [10] NCCN Clinical Practice Guidelines in Oncology Anal Carcinoma. Version 1.2024 - December 20, 2023.

- [11] Moureau-Zabotto L, Vendrely V, Abramowitz L, Borg C, Francois E, Goere D, et al. Anal cancer: French intergroup clinical practice guidelines for diagnosis, treatment and follow-up (SNFGE, FFCD, GERCOR, UNICANCER, SFCD, SFED, SFRO, SNFCP). Dig Liver Dis Off J Ital Soc Gastroenterol Ital Assoc Study Liver Aug 2017;49(8):831–40.
- [12] Martin D, Rödel C, Fokas E. Chemoradiotherapy for anal cancer: are we as good as we think? Strahlenther Onkol Organ Dtsch Rontgengesellschaft Al May 2019;195(5):369–73.
- [13] Tomaszewski JM, Link E, Leong T, Heriot A, Vazquez M, Chander S, et al. Twenty-five-year experience with radical chemoradiation for anal cancer. Int J Radiat Oncol Biol Phys Jun 1 2012;83(2):552–8.
- [14] Churilla TM, DeMora L, Handorf E, Zaorsky NG, Dong Y, Denlinger CS, et al. Deviations from standard chemoradiation among early-stage anal cancer patients. Int J Radiat Oncol Biol Phys Mar 15 2018;100(4):945–9.
- [15] Rao S, Guren MG, Khan K, Brown G, Renehan AG, Steigen SE, et al. Anal cancer: ESMO clinical practice guidelines for diagnosis, treatment and follow-up. Ann Oncol Sep 1 2021;32(9):1087–100.
- [16] Youssef I, Osborn V, Lee A, Katsoulakis E, Kavi A, Choi K, et al. Survival benefits and predictors of use of chemoradiation compared with radiation alone for early stage (T1-T2N0) anal squamous cell carcinoma. J Gastrointest Oncol Aug 2019;10(4):616–22.
- [17] Peiffert D, Huguet F, Vendrely V, Moureau-Zabotto L, Rivin Del Campo E, Créhange G, et al. Radiotherapy of anal canal cancer. Cancer/Radiothérapie Feb 1 2022;26(1):279-85.
- [18] Kachnic LA, Winter K, Myerson RJ, Goodyear MD, Willins J, Esthappan J, et al. RTOG 0529: a phase 2 evaluation of dose-painted intensity modulated radiation therapy in combination with 5-fluorouracil and mitomycin-C for the reduction of acute morbidity in carcinoma of the anal canal. Int J Radiat Oncol Biol Phys May 1 2013;86(1):27–33.
- [19] Lycke Wind K, Garm Spindler KL, Maria Lutz C, Nyvang L, Kronborg C. Estimated dose to site of loco-regional recurrence after radiotherapy in anal cancer using point of origin methods. Phys Imaging Radiat Oncol Jan 2023;25:100424.
- [20] Ortholan C, Resbeut M, Hannoun-Levi JM, Teissier E, Gerard JP, Ronchin P, et al. Anal canal cancer: management of inguinal nodes and benefit of prophylactic inguinal irradiation (CORS-03 Study). Int J Radiat Oncol Biol Phys Apr 1 2012;82(5):1988-95.
- [21] ISRCTN ISRCTN88455282: PLATO Personalising anal cancer radiotherapy dose [Internet]. Available from: https://www.isrctn.com/ISRCTN88455282.
- [22] ECOG-ACRIN Cancer Research Group. A randomized phase II study deintensified chemoradiation for early-stage anal squamous cell carcinoma (DE-CREASE). clinicaltrials.gov; 2022 Dec. Report No.: NCT04166318. Available from: https://clinicaltrials.gov/ct2/show/NCT04166318.
- [23] Buckstein M, Arens Y, Wisnivesky J, Gaisa M, Goldstone S, Sigel K. A population-based cohort analysis of chemoradiation versus radiation alone for definitive treatment of stage I anal cancer in older patients. Dis Colon Rectum Jul 2018;61(7):787–94.
- [24] Miller E, Nalin A, Diaz Pardo D, Arnett A, Abushahin L, Husain S, et al. Stage I squamous cell carcinoma of the anus: is radiation therapy alone sufficient treatment? Cancers Nov 2020;12(11):3248.
- [25] Bacci M, Quero L, Barbier E, Parrot L, Juguet F, Pommier P, et al. What is the optimal treatment for T1NO anal squamous cell carcinoma? Analysis of current practices in the prospective French FFCD ANABASE cohort. Dig Liver Dis Jun 1 2021;53(6):776–84.
- [26] Ortholan C, Ramaioli A, Peiffert D, Lusinchi A, Romestaing P, Chauveinc L, et al. Anal canal carcinoma: early-stage tumors ≤10 mm (T1 or Tis): Therapeutic options and original pattern of local failure after radiotherapy. Int J Radiat Oncol Biol Phys Jun 1 2005;62(2):479–85.
- [27] Peignaux K, Azria D, Zouhair A. Y a-t-il une place pour la chimiothérapie dans les cancers classés T1-T2 du canal anal? Cancer Radiother 2003;7(Suppl 1):109s
- [28] Zilli T, Schick U, Ozsahin M, Gervaz P, Roth AD, Allal AS. Node-negative T1-T2 anal cancer: radiotherapy alone or concomitant chemoradiotherapy? Radiother Oncol J Eur Soc Ther Radiol Oncol Jan 2012;102(1):62-7.
- [29] De Bari B, Lestrade L, Pommier P, Maddalo M, Buglione M, Magrini SM, et al. Could concomitant radio-chemotherapy improve the outcomes of early-stage node negative anal canal cancer patients? a retrospective analysis of 122 patients. Cancer Invest Apr 21 2015;33(4):114–20.
- [30] Huffman D, Jayakrishnan TT, Wegner RE, Vannatter B, Monga DK, Finley GG, et al. Chemotherapy use in early-stage anal canal squamous cell carcinoma and its impact on outcome. J Clin Oncol Jan 20 2021;39(3\_suppl):2 -2.
- [31] Ben-Josef E, Moughan J, Ajani JA, Flam M, Gunderson L, Pollock J, et al. Impact of overall treatment time on survival and local control in patients with anal cancer: a pooled data analysis of radiation therapy oncology group trials 87-04 and 98-11. J Clin Oncol Off J Am Soc Clin Oncol Dec 1 2010;28(34):5061-6.
- [32] de Meric de Bellefon M, Lemanski C, Castan F, Samalin E, Mazard T, Lenglet A, et al. Long-term follow-up experience in anal canal cancer treated with intensity-modulated radiation therapy: clinical outcomes, patterns of relapse and predictors of failure. Radiother Oncol J Eur Soc Ther Radiol Oncol Mar 2020;144:141-7.